

LUNCH

MONDAY, FEBRUARY 9, 2026

CHICKPEA CAESAR WRAP

VG



CALORIES
315

SODIUM
2855mg

PROTEIN
8g

FAT
15g

CARBS
37g

CHOLESTEROL
10mg

FIBER
4g

THAI PINEAPPLE FRIED RICE

V



cashews

contains
plant-based JUST egg



CALORIES
250

SODIUM
800mg

PROTEIN
11g

FAT
10g

CARBS
28g

CHOLESTEROL
0mg

FIBER
3g

CREAMY CHIPOTLE CHICKEN



CALORIES
192

SODIUM
350mg

PROTEIN
21g

FAT
12g

CARBS
0g

CHOLESTEROL
55mg

FIBER
0g

CHEESE RAVIOLI W/ BOLOGNESE



CALORIES
370

SODIUM
900mg

PROTEIN
18g

FAT
16g

CARBS
38g

CHOLESTEROL
25mg

FIBER
4g



contains wheat



contains egg



contains milk



vegetarian



vegan



contains pork



contains fish



contains shellfish



contains nuts



ask about allergen

DINNER

MONDAY, FEBRUARY 9, 2026

3-CHEESE SOUFFLÉ



CALORIES
300

SODIUM
650mg

PROTEIN
22g

FAT
21g

CARBS
5g

CHOLESTEROL
350mg

FIBER
0g

RISOTTO FLORENTINE



CALORIES
218

SODIUM
450mg

PROTEIN
6g

FAT
6g

CARBS
35g

CHOLESTEROL
0mg

FIBER
3g

CHICKEN FLORENTINE



CALORIES
375

SODIUM
450mg

PROTEIN
21g

FAT
30g

CARBS
5g

CHOLESTEROL
130mg

FIBER
0g

HOT TURKEY & BACON CROISSANT



CALORIES
455

SODIUM
1,070mg

PROTEIN
22g

FAT
25g

CARBS
35g

CHOLESTEROL
101mg

FIBER
1g

contains wheat

contains egg

contains milk

vegetarian

vegan

contains pork

contains fish

contains shellfish

contains nuts

ask about allergen